CHECKLIST

courtesy of Dr Robert Melillo

Caregiver must complete this form ticking all that apply.

Please check the boxes on the LEFT hand side only.

Calculate all the checked boxes and add to the total section.

CHARACTERISTICS OF A RIGHT BRAIN

MOTOR CHARACTERISTICS

		Start of Program	4 wks	8 wks	12 wks
	Clumsiness and an odd posture				
	Poor coordination				
	Not athletically inclined and has no interest in popular				
	childhood participation sports				
	Low muscle tone – muscles seem kind of floppy				
	Poor gross motor skills, such as difficulty learning to				
	ride a bike and/or runs and/or walks oddly				
	Repetitive/stereotyped motor mannerisms (spins in circles,				
	flaps arms)				
	Fidgets excessively				
	Poor eye contact				
	Walks or walked on toes when younger				
			Tota	I	
SENSO	RY CHARACTERISTICS				
		Start of Program	4 wks	8 wks	12 wks
	Poor spatial orientation-bumps into things often				
	Sensitivity to sound				
	Confusion when asked to point to different body parts				
	Poor sense of balance				
	High threshold for pain – doesn't cry when gets a cut				

BEHAVI	Often seems fearless and is a risk taker ORAL CHARACTERISTICS		Tota	al	
	Often seems fearless and is a risk taker				
	Lacks emotional reciprocity				
	Lacks empathy and feelings for others				
	Too uptight; cannot seem to loosen up				
	Face lacks expression; doesn't exhibit much body language				
	Sometimes displays dark or violent thoughts				
	Experiences panic and/or anxiety attacks				
	and inappropriate to the situation	- 		<u> </u>	_ _
	Has sudden emotional outbursts that appear overreactive				
	Worries a lot and has several phobias Holds on to past "hurts"				
	outbursts of anger or fear				
	Spontaneously cries and/or laughs and has sudden				
		Program	wks	wks	wks
EMOTIC	NAL CHARACTERISTICS	Start of	4	8	12
			Tota	al	
	Hates having to eat and is not even interested in sweets Extremely picky eater				
	Avoids food because of the way it looks				
	or cookies baking in the oven				
	Does not notice strong smells, such as burning wood, popcorn,				
	Prefers bland foods				
	Incessantly smells everything				
	Doesn't like being touched and doesn't like to touch things				
	off clothes				
	A girl uninterested in makeup or jewelry Does not like the feel of clothing on arms or legs; pulls				
	Touches things compulsively				

	Thinks logically			
	Often misses the gist of a story			
	Usually the last to get a joke			
	Gets stuck in set behavior; can't let it go			
	Lacks social tact and/or is antisocial and/or socially			
	isolated			
	Poor time management; is always late			
	Disorganized			
	Has a problem paying attention			
	Is hyperactive and/or impulsive			
	Has obsessive thoughts or behaviors			
	Argues all the time and is generally uncooperative			
	Exhibits signs of an eating disorder			
	Failed to thrive as an infant			
	Mimics sounds or words repeatedly without really			
	understanding the meaning			
	Appears bored, aloof, and abrupt			
	Considered strange by other children			
	Inability to form friendships			
	Has difficulty sharing enjoyment, interests or achievements			
	with other people			
	Inappropriately giddy or silly			
	Acts inappropriately in social situations			
	Talks incessantly and asks the same question respectively			
	Has no or little joint attention, such as the need to point to			
	an object to get your attention			
	Didn't look at self in the mirror as a toddler			
		Tota	al	
ACADE	MIC CHARACTERISTICS	 rt of m wks	4 8 wks	12 wks
	Poor math reasoning (word problems, geometry, algebra)			
	Poor reading comprehension and pragmatic skills			
	Misses the big picture – only sees the parts			
	Very analytical			

	Likes "slapstick" or obvious physical humor	
	Is very good at finding mistakes (spelling)	
	Takes everything literally	
	Doesn't always reach a conclusion when speaking	
	Started speaking early	
	Has tested for a high IQ, but scores run the whole spectrum;	
	or IQ is above normal in verbal ability and below average in	
	performance abilities	
	Was an early word reader	
	Is interested in unusual topics	
	Learns in a rote (memorizing) manner	
	Learns extraordinary amounts of specific facts about a subject	
	Is impatient	
	Speaks in a monotone; has little voice inflection	
	Is a poor nonverbal communicator	
	Doesn't like loud noises (like fireworks)	
	Speaks out load regarding what he or she is thinking	
	Talks "in your face", is a space invader	
	Good reader but does not enjoy reading	
	Analytical; led by logic	
	Follows rules without questioning them	
	Good at keeping track of time	
	Easily memorizes spelling and mathematical formulas	
	Enjoys observing rather than participating	
	Would rather read an instruction manual before trying	
	something new	
	Math was often the first academic subject that became a	
	problem	
		Total
СОММС	ON IMMUNE CHARACTERISTICS	
		Start of 4 8 12
		Program wks wks wks
	Has lots of allergies	
	Rarely gets colds and infections	
	Has had or has eczema or asthma	
	Skin has little white bumps, especially on the back of the arms	

			Total	l	
	Difficulty planning and coordinating body movements				
	Likes to fix things with the hands and is interested in anything mechanical				
	Difficulty learning to play music				
	Poor drawings skills				
	Good muscle tone				
	Loves sports and is good at them				
	Exhibited delay in crawling, standing, and/or walking				
	Stumbles over words when fatigued				
	Tends to write very large for age or grade level				
	Poor or immature hand grip when writing				
	Difficulty with fine motor skills, such as buttoning a shirt				
	Fine motor problem (poor or slow handwriting)				
MOTOR	CHARACTERISTIC	Start of Program	4 wks	8 wks	12 wks
CHARA	ACTERISTICS OF A LEFT BRAIN				
Score:	Add the seven scores of a right brain together and enter the total here				
	Hands are always moist and clammy		└─│ Total		
	Sweats a lot				
	Has body odor				
	of stomach pains				
	Appears bloated, especially after meals, often complaints				
	Has a rapid heart rate and/or high blood pressure for age				
	Problems with bowels, such as constipation and diarrhea				
AUTONO	OMIC CHARACTERISTICS	Start of Program	4 wks	8 wks	12 wks
			Total	 	
	Craves certain foods, especially dairy and wheat products				
	Displays erratic behavior – good one day, bad the next				

SENSORY CHARACTERISTICS

		Start of Progran		8 wks	12 wks
	Doesn't seem to have many sensory issues or				
	problems, such as a sensitivity to sound				
	Has good spatial awareness				
	Has good sense of balance				
	Eats just about anything				
	Has a normal to above-average sense of taste and smell				
	Likes to be hugged and held				
	Does not have any oddities concerning clothing				
	Has auditory processing problems				
	Seems not to hear well, although hearing tests normal				
	Delay in speaking was attributed to ear infections				
	Gets motion sick and has other motion sickness issues				
	Is not undersensitive or oversensitive to pain				
EMOTIO	DNAL CHARACTERISTICS		Tota	I	
		Start of Progran	4 n wks	8 wks	12 wks
	Overly happy and affectionate: loves to hug and kiss		4 n wks	8 wks	
	Overly happy and affectionate: loves to hug and kiss Frequently moody and irritable		4 wks	8 wks	
			4 wks	8 wks	
	Frequently moody and irritable		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation Withdrawn and shy		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation Withdrawn and shy Excessively cautious, pessimistic, or negative		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation Withdrawn and shy Excessively cautious, pessimistic, or negative Doesn't seem to get any pleasure out of life		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation Withdrawn and shy Excessively cautious, pessimistic, or negative Doesn't seem to get any pleasure out of life Socially withdrawn		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation Withdrawn and shy Excessively cautious, pessimistic, or negative Doesn't seem to get any pleasure out of life Socially withdrawn Cries easily; feelings get hurt easily		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation Withdrawn and shy Excessively cautious, pessimistic, or negative Doesn't seem to get any pleasure out of life Socially withdrawn Cries easily; feelings get hurt easily Seems to be in touch with own feelings		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation Withdrawn and shy Excessively cautious, pessimistic, or negative Doesn't seem to get any pleasure out of life Socially withdrawn Cries easily; feelings get hurt easily Seems to be in touch with own feelings Empathetic to other people's feelings; reads people's		4 wks	8 wks	
	Frequently moody and irritable Loves doing new or different things but gets bored easily Lacks motivation Withdrawn and shy Excessively cautious, pessimistic, or negative Doesn't seem to get any pleasure out of life Socially withdrawn Cries easily; feelings get hurt easily Seems to be in touch with own feelings Empathetic to other people's feelings; reads people's emotions well		4 wks	8 wks	

BEHAVIORAL CHARACTERISTICS

		Program	4 wks	wks	12 wks
	Procrastinates Is extremely shy, especially around strangers Is very good at nonverbal communication Is well liked by other children and teacher Does not have any behavioral problems in school Understands social rules Has poor self-esteem Hates doing homework Is very good at social interaction Makes good eye contact Likes to be around people and enjoys social activities, such as going to parties				
	Doesn't like to go to sleepovers Is not good at following routines Can't follow multiple-step directions Is in touch with own feelings Jumps to conclusions		□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □		
ACADE	MIC CHARACTERISTICS	Start of Program	4 wks	8 wks	12 wks
	Very good at big picture skills Is an intuitive thinker and is led by feelings Good at abstract "free" association Poor analytical skills Very visual; loves images and patterns Constantly questions why you're doing something				
	or why rules exist Has poor sense of time Enjoys touching and feeling actual objects Has trouble prioritizing Is unlikely to read instructions before trying something new Is naturally creative, but needs to work hard to develop full potential				

	Would rather do things instead of observe				
	Uses good voice inflection when speaking				
	Misreads or omits common small words				
	Has difficulty saying long words				
	Reads very slowly and laboriously				
	Had difficulty naming colors, objects, and letters as a toddler				
	Needs to hear or see concepts many times in order to learn them				
	Has shown a downward trend in test scores or school performance				
	achievement				
	Schoolwork is inconsistent				
	Was a late talker				
	Has difficulty pronouncing words (poor with phonics)				
	Has difficulty learning the alphabet, nursery rhymes, or songs				
	when young				
	Has difficulty finishing homework or finishing a conversation				
	Acts before thinking and makes careless mistakes				
	Daydreams a lot				
	Has difficulty sequencing events in the proper order				
	Often writes letters backward				
	Is poor at basic math skills				
	Has poor memorization skills				
	Has poor academic ability				
	Has an IQ lower than expected and verbal scores are lower				
	than nonverbal scores				
	Performs poorly on verbal tests				
	Needs to be told to do something several times before acting on it				
	Stutters or stuttered when younger				
	Is a poor speller				
	Doesn't read directions well				
			Total		
COMMO	ON IMMUNE CHARACTERISTICS				
		Start of Program	4 wks v	-	2 vks
	Gets chronic ear infections				
	Prone to benign tumors or cysts				
	Has taken antibiotics more than ten to fifteen times before				

the age of ten Has had tubes put in the ears Catches colds frequently Not allergies	
	Total
AUTONOMIC CHARACTERISTICS	Start of 4 8 12 Program wks wks wks
Has a bedwetting problemHas or had an irregular heartbeat, such as an arrhythmia or a heart murmur	
Score: Add the seven scores of a left brain and enter the total here	Total
TOTAL RIGHT BRAIN:	
TOTAL LEFT BRAIN:	